



# MAKING YOUR HEALTH CARE WISHES KNOWN

## ADVANCE CARE PLANNING

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Hopefully you and your entire family are enjoying a vigorous and healthy life. However, regardless of your health status today, it is important for you to be prepared for unanticipated challenges that may occur.

Now is the time to have a conversation with your doctor and other family members about your health care wishes in the event of the unexpected. These conversations and completion of the necessary paperwork will put you and your loved ones at ease. Should there ever be a need for medical decisions to be made on your behalf, they will know your preferences.

Cedars-Sinai Medical Network offers resources to help you complete your Advance Health Care Directive form and guide your loved ones and caregivers in determining the treatment you want.

Our team is ready to assist you and your loved ones as well. Everyone should be prepared for unanticipated health issues.

## FREE ADVANCE CARE PLANNING CLASS

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- Second Tuesday of each month
- 10 am–12 pm
- 1st Floor Conference Room (next to Suite 130)  
8501 Wilshire Blvd., Beverly Hills, CA 90211
- Breakfast provided
- Parking will be validated

The Advance Care Planning class is held on the second Tuesday of each month and offers a general introduction to advance care planning through presentations and discussion. This class will assist in answering your questions and personalizing your forms.

## FOR MORE INFORMATION

(800) 700-6424

[cedars-sinai.edu/medicalnetwork](http://cedars-sinai.edu/medicalnetwork)

Discussion topics may include:

- How to designate someone to speak for you should you be unable to make your own health care decisions
- How to discuss priorities and wishes with your family
- Your most important goals in the event your health worsens

## OUR SUPPORTIVE CARE SERVICES TEAM

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Our Supportive Care Services team members have expertise in the area of advance care planning and are available to meet with patient and families one-on-one to listen, answer questions in-depth and guide you toward finalizing your own Advance Health Care Directive.

## PLEASE CONTACT US

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Sign up for a class or contact a Supportive Care Services team member at (800) 700-6424.