



CEDARS-SINAI®

MAKING YOUR HEALTHCARE GOALS, VALUES AND PREFERENCES KNOWN

ADVANCE CARE PLANNING

We hope that you and your whole family are enjoying a healthy and happy life. This is the perfect time to make sure you are ready to meet unanticipated health challenges that may come your way.

Now is the time to talk with your doctor and loved ones about your healthcare goals, values and preferences. Telling them what your wishes are and filling out your Advance Healthcare Directive will help your loved ones make the right choices for you if the need ever arises.

FREE ADVANCE CARE PLANNING CLASSES

We offer free classes twice a month to help you and your loved ones and caregivers decide what kind of care you want and to help you fill out your Advance Healthcare Directive.

The two-hour classes offer a broad overview of advance care planning and are designed to answer many of your questions. Our expert team members will help you learn how to make your healthcare goals, values and preferences known and how to put them in writing.

SECOND TUESDAY OF EACH MONTH

- 10 a.m.–noon
- Suite 340, 3rd Floor
8501 Wilshire Blvd.
Beverly Hills, CA 90211
- Light snacks provided
- Parking will be validated

FOURTH TUESDAY OF EACH MONTH

- 6:30–8:30 p.m.
- Conference Room PEC 4, Plaza Level
Advanced Health Sciences Pavilion
127 S. San Vicente Blvd.
Los Angeles, CA 90048
- Light snacks provided
- Parking will be validated

PLEASE CALL US

Our team is ready to help you. Please give us a call today at 800-700-6424 to reserve your spot in one of these classes. You will be glad you did.

QUESTIONS? CALL US OR VISIT OUR WEBSITE AT:
800-700-6424
cedars-sinai.edu/directive