



CEDARS-SINAI MEDICAL CENTER

Obstetrics and Gynecology

PRENATAL DIAGNOSIS CENTER

444 S. SAN VICENTE BLVD., SUITE 1002
LOS ANGELES, CA 90048

(310) 423-3366 9:00am-5:00pm (Daytime) (877) 841-8026 Toll Free (After hours)

POST-CVS (CHORIONIC VILLI SAMPLING) INSTRUCTIONS

1) SIGNS TO WATCH OUT FOR

- **BLEEDING:** Some of our patients have some spotting following the procedure. It may be red in color for the first 1-2 days, or have clots, and then change to a brownish staining. It may last longer. This is not unusual. Please call us for any heavy bleeding.
- **CRAMPING:** You may experience some mild cramping or pressure sensations the day of the procedure. If you have severe or persistent pain, please call us.
- **FEVER:** Fever may indicate infection. If you notice that you have a temperature (greater than 100.4 degrees Fahrenheit) at any time in the next 2 weeks following your procedure, you should notify us (even if you think it may be related to something other than your procedure).
- **LEAKAGE OF ANY CLEAR FLUID:** If you notice any clear fluid leaking from your vagina, please notify us.

2) ACTIVITY

The first 24 hours following your procedure, you will need to stay off your feet. Then for an additional 3-4 days, it is necessary to avoid any exercise, sexual activity, or heavy lifting (over 5-10 pounds).

3) RESULTS

Results take approximately 14 calendar days (2 weeks). You will be called as soon as they are available. Your physician will receive a faxed copy of your results after they are completed.

4) FOLLOW-UP

Because CVS does not test for structural defects, 2 further examinations are recommended:

- **AFP/Quad screen** – This is a blood test for spina bifida done through your doctor's office between your 15th and 20th weeks.
- An ultrasound examination to check fetal anatomy between your 18th and 20th weeks.